



IT'S A WRAP

Desperate to get into that little black dress; yearn to get those stilettos out to show off your pins but you can't bear to go bare? Then worry no more, as a Slimwrap can help you lose those inches. Words: **Kate Cowling**.

cellulite and stretch marks whilst cleansing the body inside and out. The Slimwrap in particular, involves wrapping the body with elastic wraps - similar to bandages - which have been soaked in a hot mineral and vitamin so-

lution. The treatment is designed to penetrate the skin's pores and extract impurities from fat cells by combining the heat from the body with the solution to form a combination that shows instant results!

I tested out this treatment to see if it does what it says, and the results? I was amazed! On arrival, I was taken into one of Beauty Secret's treatment rooms and measurements were taken of various parts of my body (arms, legs, stomach, chest etc.). My body was then wrapped in warm bandages which had been soaked for approximately one hour in the solution. The bandages were evenly wrapped from my ankles up to my chest; fairly tightly but not so it was uncomfortable. Two hours are allowed for this treatment as you will actually be in the wrap for one hour. During the treatment, I wore an insulated 'suit' which kept me warm and cosy - once the solution gets to work, you will notice the bandages begin to drip, so the suit prevents you from feeling any temperature change. The Slimwrap is designed to take off the 'inches' as opposed to the 'pounds' and although inch loss is instant and has a high success rate, 'weight' loss is negligible but lost inches will not come back as long as you maintain your present weight. Whether or not you want to lose weight or are just in need of some skin tightening, the Slimwrap is most effective; and the best thing is it continues working for the next 24 hours and the solution will still be absorbed by the dermal layer of your body for 72 hours. And, I shall let you into a little secret; I was in the wrap for only 20 minutes due to time, and I lost two inches in that short space of time - wow! So imagine what one hour would do!

It's tough being a woman sometimes, there is so much to take in when it comes to the beauty world. New beauty treatments for this, revolutionary products for that; the list is endless. So when I was told about a new treatment which combats cellulite whilst boasting instant 'inch loss' results, I knew that this would be at the top of many women's wish lists.

Straight from the shores of America, Slimwrap is a proven body wrap treatment which reduces unwanted inches and best of all, no strict diets or fitness regimes are required; although we all know that these are vital for our health and wellbeing.

Body wraps have been traced back to the days of Cleopatra and over the years, there have been various forms of body wraps from vitamin and mineral to clay and mud. It is a process which involves wrapping the body, sometimes from top to bottom, to intensely detox, reduce

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SLIMWRAP is available at:
Beauty Secrets Salon & Spa
65 Western Road, Hove . Tel: 01273 822476
Beauty Secrets recommend a course of 5.

BEAUTY SECRETS are holding an Open Evening on Wed 22nd November from 5.30pm-8.30pm, showcasing exclusive facial and body treatments. Tickets cost £5 and are available from reception - all proceeds go to NSPCC.